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From TAGARA to the world! From TAGARA to the future!

Principal of Tokyo Tagara High School

Satoko Yamazaki

Our high school, established in 1981, has a history and tradition spanning over 40 years. To date, over 8,000 students have graduated from our school. The school's mission is to foster students to "acquire solid academic skills in a disciplined school environment and to nurture individuals with broad perspectives for living in an international society." We try to cultivate students who are active in the region, Tokyo, Japan, and the world.

The new uniform introduced in 2020 has an emblazoned logo combining the letters TAGARA and the earth on the jacket, symbolizing Tagara High School's global reach. In addition, the last graduates of the Foreign Culture Course were sent off in 2023, and from the 2024 academic year on, the school has become a general course high school that utilizes characteristics of the Foreign Culture Course in its general curriculum. "From TAGARA to the world! From TAGARA to the future!" As a school that supports the development of students' international awareness and the success of students with roots in various countries and regions, we will promote various initiatives with the aim of nurturing well-rounded people for Tokyo's multicultural society.

Pillars of the School's Educational Activities

Our school focuses on international education and traditional Japanese culture education activities. We provide opportunities for our students to actively use English, such as exchanges with students from international schools and study-abroad students, holding in-school English recitation contests, and participating in national English debate competitions.

In addition, the school's subject "Japanese Tradition and Culture" includes subjects like Tsugaru Shamisen, Japanese drumming, tea ceremonies, shogi, Go, koto music, ceramics, martial arts such as karate and aikido, and animation. In December, we hold a tradition and culture presentation to share what our students have learned.

Local Nature and History

The Hikarigaoka district of Nerima Ward, where our school is located, is rich in greenery. The "Fureai no Michi" that extends from Hikarigaoka Station on the Toei Oedo Line is lined with ginkgo trees that are over 100 years old. The school is located along the tree-lined avenue, past Nerima Aki-no-yo Park, and along Toshimaen Street. The area used to be rich in rice paddies, but it was turned into Narimasu Air Base in 1943, then into Grant Heights, a US military facility after the war, until it was returned to Japan in 1973. The park is a place where visitors can experience the changing nature of the four seasons with its rice paddies and reservoirs that are reminiscent of the olden days.

Community

The school conducts a variety of educational activities with the support of the local community. We value cooperation with the local community, including practical training at kindergartens, supporting after-school programs at elementary schools, volunteer work to clean up parks, and participation in the Hikarigaoka District Festival, Nerima Ward's largest district festival, attended by approximately 10,000 people each year. Additionally, we aim to improve the teaching skills of teachers through mutual class observations with the local junior high school teachers.

Tagara High School Grand Design

School Image We Strive For From TAGARA to the world! From TAGARA to the future! <ul style="list-style-type: none">● disciplined school life● living in an international society● open minds	The kind of students we want to nurture	
	3 Steps	People trusted by society
	Step forward!	People who can live a full life
		People with basic knowledge and academic skills
	Look up!	Ambitious people
		Open-minded people
	Think globally!	People who can adapt to change

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Facility Introduction

1. Gymnasium

There is also an air-conditioned training room.

2. Field

A large field with a 200m track. The sports festival is held here!

3. Tennis Court

This is the newest facility at Tagara High School, with recently added artificial grass.

4. Cinderella Stairs

The large staircase leading to the student entrance is called the ``Cinderella Staircase."

5. Pool

A recently renovated pool with 8 lanes.

6. Japanese Culture Room

This classroom is used for proficiency-based classes and Japanese language instruction. Books and dictionaries for studying Japanese are also available.

7. LL Classroom

You can take classes on a large screen and the room holds 40 PCs.

8. General Classroom

This is the classroom where students spend their days. In spring, the views of the cherry blossoms are wonderful!

9. Self-Study Room

Partitioned desks allow students to fully concentrate on their studies in a quiet space/

10. Japanese-style Room

A calm and quiet Japanese-style room used for tea ceremony club activities and traditional Japanese culture classes.

11. Library

The library is always stocked with new books of various genres where you are sure to find at least one book you are interested in!

12. Counseling Room

One school counselor and two youth social workers are available for consultation in a calm and quiet room.

Uniforms

Uniforms at Tagara High School have a variety of combinations. Students of any gender, may wear any combination of slacks or skirt, and tie or ribbon.

*Limited to those designated by the school.



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■ Curriculum

		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30
1 学 年	共通	現代の国語	言語文化	歴史総合	数学Ⅰ	数学Ⅱ	化学基礎	体育	保健	芸術Ⅰ (音美書)	英語 コミュニケーションⅠ	論理・表現Ⅰ	家庭基礎	情報Ⅰ	総合	H	R														
2 学 年	理系	論理国語	文学国語	化学	公共	数学Ⅱ	物理基礎	生物基礎	体育	保健	芸術Ⅱ (音美書)	英語 コミュニケーションⅡ	論理・表現Ⅱ	選択1	総合	H	R														
	文系	論理国語	文学国語	世界史探究	公共	数学Ⅱ	物理基礎	生物基礎	体育	保健	芸術Ⅱ (音美書)	英語 コミュニケーションⅡ	論理・表現Ⅱ	選択1	総合	H	R														
3 学 年	理系	論理国語	文学国語	地理総合	数学Ⅲ	体育	英語 コミュニケーションⅢ	数学C	選択1	選択2	選択3	日本の 伝統・文化	総合	H	R																
	文系	論理国語	文学国語	地理総合	日本史探究	政治・経済	体育	英語 コミュニケーションⅢ	グローバル スタディーズ	選択1	選択2	選択3	日本の 伝統・文化	総合	H	R															

※「人間と社会」は、第2学年の総合的な探究の時間で代替しています。

2学年選択科目	古典演習	国語表現	数学B	工芸Ⅰ	書道Ⅰ	フランス語	中国語	英語総合	日本語	情報Ⅱ																					
3学年選択科目	古典探究	国語表現	国語研究	日本史演習	世界史演習	数学ⅠA演習	数学ⅡB演習	物理	生物	化学演習	スポーツⅡ																				
	音楽Ⅲ	美術Ⅲ	書道Ⅲ	保育音楽	ペン字	フランス語	中国語	英語	保育基礎	フードデザイン	ファッション造形基礎	情報Ⅱ																			
日本の伝統・文化	津軽三味線	和太鼓	茶道	将棋	囲碁	箏曲	陶芸	空手	合気道	アニメーション																					

※教育課程については変更する場合があります

■ Japanese Tradition and Culture

All 3rd year students are divided into 10 courses and receive careful instruction from special instructors. Through the classes, students deepen their understanding of Japanese culture and learn expressions and communication skills. In December, we will hold a presentation to demonstrate and share the results of their studies.



■Class Features

●Proficiency-based classes using ICT

Tagara High School conducts entrance examinations based in Tokyo, with many students from foreign countries attending. Therefore, a variety of languages are spoken and heard in students' daily school life. Students are especially exposed to advanced levels of English, both in class and socially, as there are many native English speakers present. In addition to English, math and science classes are also determined by proficiency levels to offer the most support, even for basic levels. Students engage in inquiry-based learning and presentations using personal computers.



■Special subject: Global Studies course

The three main goals of the program are to “cultivate an attitude of understanding and respect for other cultures as a person living in an international society” and “cultivate the acquisition of knowledge and skills, and the ability to think, judge, and express oneself in order to live independently as a shaper and participant in world peace and a bright future.”

① Intercultural Understanding

Think about culture and identity through interaction with different cultures

② World Affairs

Learn about the world through various news sources

③ SDGs17 Goals

Learn about our goals and initiatives and take action for the future



■School Events

April - 4

- Entrance ceremony

May - 5

- Field trip & in-school recreation
- Traffic safety class

June - 6

- Sports Festival
- Interview week

July - 7

- Job camp
- Bibliobattle
- Disaster drill

August - 8

September - 9

- School Culture Festival

October - 10

- Interview week

November - 11

- School trip
- Meikai University exchange
- Art appreciation class
- English Recitation Contest

December - 12

- Japanese Traditional Culture presentation
- Global/digital skills course
- Disaster prevention training

January - 1

- Hyakunin Isshu Contest

February - 2

- Relay Race

March - 3

- Graduation ceremony
- Disaster drill



■Club Activities

- Sports Clubs
 - Volleyball (boys/girls)



- Basketball (boys/girls)
- Soccer (boys/girls)
- Badminton
- Track & Field
- Baseball
- Tennis
- Swim
- Dance
- Table Tennis
- Culture Clubs
 - Tea Ceremony
 - Flower Arrangement
 - Brass Band
 - Art
 - Drama
 - Home Economics
 - Manga & Anime
 - Volunteer
 - TESS (Tagara English Speaking Students)
 - Japanese Drums
 - Literature
 - Science
 - Game Programming
 - Hyakunin Isshu



Boys' Basketball

The boys' basketball team strives to be "Cheered by Everybody" in its club activities. We strive to be a team that takes leadership not only in club activities but also in school life. The team participates in 8 tournaments a year, including official tournaments, and are involved in tournament management as a host school. At the spring tournament in April, we were to win one official game, which was a goal for us. This incredible victory will be used as motivation to achieve even more wins!



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■Career Design

Tagara High School offers a wide range of career guidance as of the first grade. This includes guidance for

university admissions, vocational school, and employment.

Group Experience

In the second semester of the second grade, students are given hands-on training in a variety of fields of interest. They broaden their perspectives through the stories and experiences of outside lecturers.

Senior Lectures

In the third semester, third-year students who have completed their entrance exams share with their juniors the hardships they faced and how to prepare for exams.

●1st grade

Career Design I

~Self-Analysis & Occupational Understanding~

Career Guidance

Hello Work Lecture

Mock Interview

Senior's Lecture

Job Camp

●2nd Grade

Career Design II

~Career Research & Social Experience~

Career Guidance

Group Experience

Guidance for Career Understanding

Senior's Lecture

Job Camp

●3rd Grade

Career Design III

~Career Selection & Self-Accomplishment~

Career Guidance (by field)

Preparation for Statement of Purpose

Interview Preparation

Hello Work Lecture

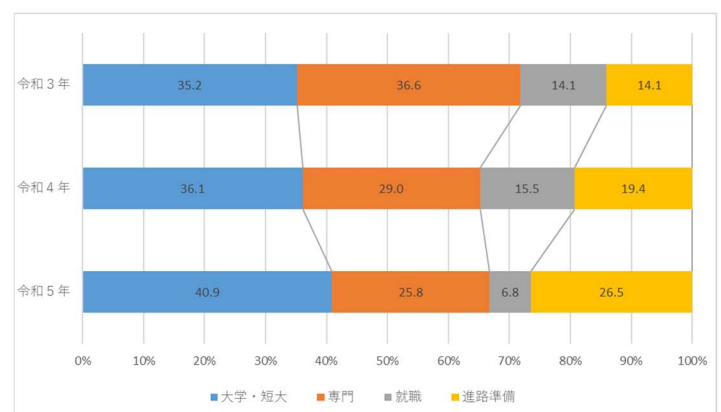
■Career Achievements

■ University/Junior College

■ Vocational School

■ Employment

■ Career Preparation*



• University admission rate has increased by 5%! (2021-2023)

*Career preparation includes preparation for studying abroad and preparation for higher education.

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■Main Career Destinations (2023)

●University

Sophia University Toyo University Nishogakusha University Atomi Gakuen Women's University Kaetsu University Kokushikan University Jissen Women's University Surugadai University Daito Bunka University Tama University Tamagawa University Tokyo Fuji University Bunkyo Gakuin University Mejiro University Meikai University Oberlin University Kanda University of International Studies Saitama Gakuen University Teikyo University of Science Teikyo Heisei University Tokyo International University Tokyo Fukushi University Bunkyo University Musashino University Takushoku University Ryukoku University Wayo Women's University

●Junior College

International Junior College (Department of International Communication) Teikyo Junior College (Department of Child Education) Teisei Gakuen Junior College (Department of Childcare) Toita Women's Junior College (Department of Food and Nutrition, Department of Fashion and Fashion) Nihon University Junior College Mejiro University Junior College (Dental Hygiene) Department) • Department of Lifestyle Design)

●Vocational School

Kanda School of Foreign Languages Kichijoji Futaba Nutritional Cooking School Soen Child Care School Takayama Beauty College Omiya International Animal College Tokyo Medical College Tokyo Metropolitan Itabashi Nursing College Nihon University School of Nursing Kubota Barber and Beauty College Culture Fashion College Kubota Barber and Beauty College Shuto Medical College Shobi Music College College Tokyo Announcement College Tokyo Technical College of Automotive College Tokyo General Beauty College Tokyo Technical College Tokyo Max Beauty College Japan Electronic College Japan Animal College Japan Beauty College Musashino Culinary College Yamano Beauty College Tokyo Police Hospital Nursing College Tokyo Metropolitan Ariwara Nursing College

●Employment

Antendo Co., Ltd. ABC-Mart Co., Ltd. Kinoshita Care Co., Ltd. Sanko Co., Ltd. Nippon Clean Co., Ltd. Hanabishi Sangyo Co., Ltd. Human System Co., Ltd. Wonder Table Co., Ltd.

●Notes from Graduates●

Shiina Nakagawa (Nishogakusha University, Faculty of Literature, Department of Japanese Literature)

I was able to pass the entrance examination for the Department of Japanese Literature, Faculty of Literature, Nishogakusha University through a designated school recommendation entrance exam. The reason I decided to apply to this school was because I felt that I could get closer to my dream of becoming a teacher in the future. I learned that many graduates of Nishogakusha University are active as teachers, and I wanted to be one of them, so I decided to take the exam. As soon as I decided to take the designated school recommendation entrance exam, I started preparing the essay and interview. At first, I didn't know how to write an essay or conduct an interview. I didn't want to go into the actual exam in this condition, so I practiced with my friends and teachers until I was satisfied. My biggest regret is that I should have asked more teachers to practice interviewing. To avoid regrets, start preparing for the exam as soon as possible in order to feel a sense of accomplishment after taking it. Please do your best to pass the exam of your first choice. I'm rooting for you.

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■International Events

At Tagara High School, we value education in international understanding. We would like to introduce two of our events that involve exchange with universities and schools from abroad.

Tokyo Experience

In 2023, we welcomed five international students from Australia. It was a fulfilling experience for the international students, as well as our students as they shared their Japanese school life.

Meikai University Exchange

International students studying at Meikai University were invited to Tagara High School to introduce their home country's culture and recommended sightseeing spots. Our students also learn practical English and the cultures of various countries while preparing for hospitality.

■Multicultural Society

Tagara High School has many students from various countries. This creates a very unique environment for our students where they can experience different cultures and languages from their own that is rare to find in Japanese society. Daily school life gradually globalizes students' values. Students can gain the foundation of international sensitivity that allows them to accept and work with others regardless of their nationality. The curriculum also emphasizes the understanding of Japanese culture through the "Japanese Tradition and Culture" class. Through exposure to many cultures, including Japanese, students will develop the ability to live in an increasingly globalized society.

■Second Foreign Language

French, Chinese, and Japanese* are available as second foreign language electives to second and third-year students.

*"Japanese" may be taken by students whose native language is not Japanese.

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■"Small Earth" Tagara High School

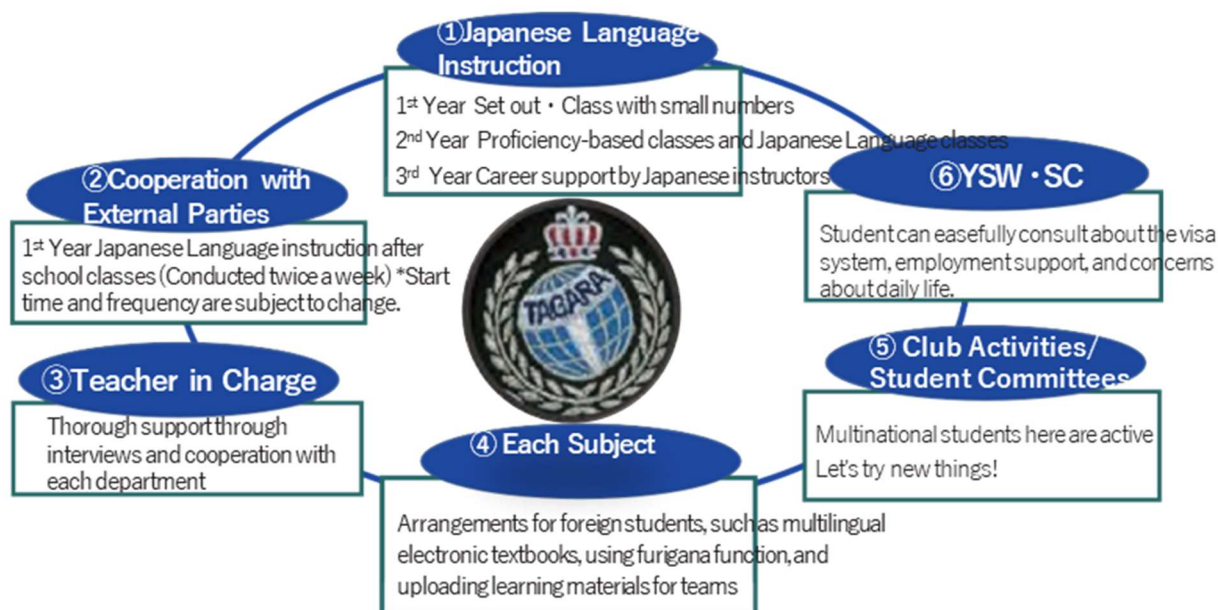
Tagara High School currently has students from 19 different countries.

Sweden

- Sweden
- Russia
- Ukraine
- Uganda
- Afghanistan
- Japan
- Pakistan
- Nepal
- Vietnam
- Myanmar
- Thailand
- Philippines
- Colombia
- Peru
- Bolivia
- Indonesia



TAGARA's Support System for Students with Foreign Background



■ Japanese Language Support

For students who entered our school through the entrance exam for foreign residents in Tokyo, we provide Japanese language instruction twice a week after school for one year. Students are taught the Japanese language necessary to understand classes and to obtain the Japanese Language Proficiency Test (N-ken) qualifications, which they can use to advance to higher education or find employment. Students are divided into 5 groups based on J-CAT ability and receive detailed guidance.

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School Informational [Reservation Required]

School Tour

●July 26th (Friday) 9:30~10:30 (Reception starts at 9:00) 14:00~15:00 (Reception starts at 13:30)

Application reception: July 8th (Monday) 12:00 to July 24th (Wednesday) 17:00

●August 22nd (Thursday) 9:30~10:30 (Reception starts at 9:00) 14:00~15:00 (Reception starts at 13:30)

Application reception: August 5th (Monday) 12:00 to August 20th (Tuesday) 17:00

School Information Session

●October 26th (Sat) 10:00~11:00 (Registration starts at 9:30)

Application reception: October 7th (Monday) 12:00 to October 24th (Thursday) 17:00

●November 23rd (Sat) 14:00~15:00 (Registration starts at 13:30)

Application reception: November 5th (Tuesday) 12:00 to November 21st (Thursday) 17:00

●December 7th (Sat) 10:00~11:00 (Reception starts at 9:30)

Application reception: November 18th (Monday) 12:00 to December 5th (Thursday) 17:00

Individual Consultation

●January 11th (Sat) 10:00~ (Registration starts at 9:30)

Application reception: December 16th (Monday) 12:00~January 9th (Thursday) 17:00

*For school tours, you can tour the school after general meetings.

*After the school information session, you can tour the school and have individual consultations.

*Reservations are required for all dates. Please apply on our school website.

■Access map

TEL 03 (3977)2555 FAX 03(3977)2617

<https://www.metro.ed.jp/tagara-h/>

2025
School Guide
学校案内

English

日本語指導推進校

Japanese Language Education Promotion School

スキルアップ推進校

Skill up Promotion School

学力向上研究校

School of Academic Improvement Research



東京都立田柄高等学校

Tokyo Metropolitan Tagara High School

Tokyo Metropolitan Tagara High School

Skill up Promotional Division

School of Academic Improvement Research