

Ome Sogo high school 【Night time course】

School Guide2023 *【English version】*

Welcome to our night school called "Aotei".

We are members of an optional English class called "Life and English, Kurashi to Eigo".

In this lesson, we are learning many types of English and useful expressions.

To try to our English skills that we learned, we have a lot of chances to present our skills along with our ordinary lives.

In this 2nd term, we made an English web site of our school as one of the graduation tasks.

Each students made original pages about our school life of the web site.

Please take a look at these pages and if you find some mistakes please forgive us.

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1. Message from the school



Greetings from the 2022 School Year

Principal, Mr. Shinya Suzuki



Thank you for visiting our school website.

This is the third year that we are tackling the tough task of developing our school's educational activities during the corona pandemic and taking all possible measures to combat the infectious disease. We will continue to devise new ways of living within the constraints of the new system and make the school a regular school where students devote all their energies to what they can do now.

Our school practices "classes that make students think," and by extension, promotes initiatives that make students think about everything. This year, we will also intentionally work on the development of "the ability to persevere" on top of that. We will guide and support each student so that they can play an active role in society with confidence.

Here are some of the features of our school.

As a comprehensive high school, we offer many elective courses from the third year, when students have completed most of the basic subjects, and students can design their own timetable.

(If you choose a course that aims for graduation in three years, elective subjects are available from the first year.)

In addition, the school offers detailed guidance according to the learning status of each student, such as proficiency-based classes in "Mathematics" and "English".

Above all, students can decide after enrollment whether to graduate in 3 or 4 years, so that each student can graduate at his or her own pace. Of course, your homeroom teacher, career guidance department, and other teachers will support your decision.

In other words, our school puts into practice the concept of "create your own future".

Creating the person, you want to be is like completing a jigsaw puzzle. And in our school, each and every piece for that purpose should be found in every aspect of our school life.

I hope that you will think, choose, and search for the pieces by yourself and play an active role with confidence when you go out into the world.

Thank you for reading to the end.



Created by Sota Susaki

2. Special Features

Characteristics

Create your own, your own future.



01

High school (college) with a comprehensive curriculum

The school focuses on education (career education) to help students think about how they can be useful in society and acquire the necessary skills. From the third year, the school offers many elective courses and allows students to design their own timetable

02

Aotei's skill

Under our school's educational goals (Creation, Inquiry, Independence, Pioneering, and Contribution), we have defined "Aotei skills (the ability to relate to others, look at oneself, and open up the future)" as the skills we want our students to acquire.

A school where you can be yourself

We have an excellent educational counseling system, including social workers and counselors, and you can study at your own pace while working during the day. We further nurture your individuality in a free school culture.

Characteristics of our school's learning

As a comprehensive department, our school allows students to study according to their interests and career aspirations.

Your own personal timetable

Many elective courses are available, allowing you to create your own personalized timetable. You can deepen your studies in areas that interest you. It will also help you to realize your future career path.



Proficiency-based tuition

The school offers proficiency-based classes in mathematics and English, and provides detailed guidance according to the learning status of each student.



Graduation in three years is possible

The homeroom teachers and career guidance department support each student in determining his or her own career path. Students can decide for themselves after enrollment whether to "graduate in 3 years" or "graduate in 4 years" so that they can graduate at their own pace.



Series Electives

There are two series, Life and Nature and Life and Welfare, which are specialized courses that take advantage of the school's facilities and equipment. Students can broaden their future choices by cultivating their interest in specialized subjects.



Introduction of our school

We introduce various initiatives and activities of our school.

Well-equipped facilities

Located a 3-minute walk from Higashi Ome Station, our school is characterized by its very spacious school site. We also cooperate with the local community by participating in local volunteer activities.



Prosperous Events

Our school events are as exciting and exciting as those of the full-time students, and add color to the daily school life. The school's cultural festival, held in conjunction with the full-time program, is a very exciting event.



Active club activities

The school has 13 clubs and societies. They practice in cooperation with their peers and participate in competitions and presentations.

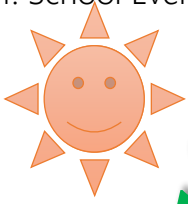


Delicious School Lunch

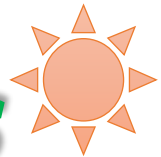
We have delicious school lunches prepared by the school and eaten in the cafeteria with friends. Our nutritionist prepares warm and tasty school lunches with careful consideration of nutritional balance.



4. School Events



School events



- April

New student briefing session / entrance ceremony / opening ceremony / face-to-face ceremony / medical checkup

- May

Midterm Examination / PTA General Assembly

- June

Class open/student meeting

- July

Final exam / Obstetrician and gynecologist lecture / Closing ceremony /

Summer course

- August

Employment guidance/employment mock interview



- September

Starting Ceremony / AosoFestival (Culture Festival)

- October

Sports Festival / Mid-term Examination / Full School Excursion

- November

Simultaneous Committee / School Information Session / Student General Meeting / Open Classes

- December

Final examination / Lecture on working adults / Disaster prevention lecture / Online crime prevention class / Psychiatrist lecture / Closing ceremony

- January

Starting ceremony / career guidance / school trip / school information session

- February

Art appreciation class / Academic ability examination primary

- March

Year-end examination / graduation ceremony / school information session / safety class / disaster prevention lecture / graduation ceremony



7. Career guidance

Career Guidance and Career Education



R4-year career event

April : Career guidance ① **【Self-analysis】**

May : Career guidance ② **【Suit-wearing lecture】 【Scholarship guidance】**

June : Career guidance ③ **【Mock interview】**

【Vocational lecture (YSW youth social worker)】

July : Career guidance ⑤ For job applicants

【Pre-guidance for company tours】

【Joint company information sessions and company tours】

August : Career guidance ⑥ For Job applicants

【Resume guidance】 【Mock job interviews I・II】

September : Employment - Mock job interview III Entering school - Mock interview I

October : Entering school - Mock interview II

December : Career guidance ⑦ **【Speech by a member of society】**

Career guidance ⑧ **【Briefing session on career paths by field】**

January : Career guidance ⑨

February : Career guidance ⑩ **【Suit-wearing lecture】**

March : Career guidance ⑪ **【Hear from seniors】**

March : Career guidance ⑫ **【Mock Class】**

R3 Aotei Career Report

Here are the back numbers of "Aotei Shinro Dayori". Please take a look!

[No. 9 : News from the Career Guidance Department 0325](#)

[No. 8 : News from the Career Guidance Department 0225](#)

[No. 7 : News from the Career Guidance Department 1224](#)

[No. 6 : News from the Career Guidance Department 1124](#)

[No. 5 : News from the Career Guidance Department 0922](#)

[No. 4 : News from the Career Guidance Department 0720](#)

[No. 3 : News from the Career Guidance Department 0623](#)

[No. 2 : News from the Career Guidance Department](#)

[No. 1 : News from the Career Guidance Department](#)

[Annual Events](#)

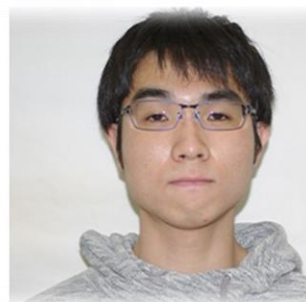
[Go to the Career Progress page](#)

8. Graduate's introduction

2020 3rd year graduates

Hidetaka Ito

Surugadai University, Faculty of Law



Why did you decide to enroll in Ome Sogo High School?

I was originally enrolled in the full-time school system, but I became ill and stopped attending school. At that time, I was recommended to enroll in the regular course, and I decided to study at Ome Sogo High School.

What was good about choosing Ome Sogo High School's regular course?

The school lunch. There are many delicious dishes, especially the curry and rice. The Christmas menu is a secret until the day of the meal...!

What did you enjoy most in your high school life?

The school trip to Okinawa. We went sea kayaking and saw the emerald green transparent sea up close.

What was the hardest thing you did in your high school life?

I opened a food stall at the school festival. It was so successful that we sold out by noon.

Please give a message to those who want to go to a night time school.

The school has a homey atmosphere, and the students and teachers are very close. If you have any questions, please rely on your teachers and seniors. They will surely help you!

2020 3rd year graduate

Daichi Nakajima

(Employment)

Kimura Electronics Industry Co.



Why did you decide to enroll in Ome Sogo High School?

Because many of the graduates were going to work after graduation.

What was good about choosing Ome Sogo High School?

Because of the comprehensive course of study, I was able to learn many things and choose my own classes.

What did you enjoy most in your high school life?

I enjoyed learning about Okinawa on the school trip.

What was hardest for you during your high school life?

Being able to go to school without being late or missing class.

Please give a message to those who want to go to a night time school.

Aotei is a fun school to attend for 4 years. There are many elective classes, and it is a school where you can learn about what you want to do.

2020, 3rd year graduate

Shion Oshima

(Employment)

Sunny System



Why did you decide to enroll in Ome Sogo High School?

I thought it would be easy to commute to school and easy to graduate on a credit system.

What was good about choosing Ome Sogo High School?

I could have free time in the morning and do what I wanted to do.

What did you enjoy most about your high school life?

I made friends and we had classes and games together.

What did you do best in high school?

To reduce forgetting things and to do my homework.

Do you have a message for those who want to go to a night time school?

It is a place where it is easy to talk with teachers and study.

2020, 3rd year graduate

Chika Ono

(Place of Employment)

Social Welfare Service Corporation Kashokai Nukumori-no-En



Why did you decide to enroll in Ome Sogo High School?

I thought that if I enrolled in Ome Sogo High School, I would be able to study at my own pace and also have a part-time job.

What was good about choosing Ome Sogo High School?

I could study at my own pace. The teachers are cheerful, kind, and funny!

What did you enjoy most in your high school life?

I enjoyed all the school events.

What did you work hardest at during your high school life?

Job hunting. I worked especially hard at interview practice. I also put a lot of effort into researching workplaces and visiting workplaces.

Do you have a message for those who want to go to a night time school?

Aotei values each and every school event and puts a lot of effort into club activities. Teachers also pay close attention to each student.

9. Q&A

Q1: In junior high school, I have had a lot of absences, can I still enroll?

A1: Even if there are many days of absence, it is possible to take the high school entrance examination.

Acquire the basic academic skills for the academic achievement test. However, after entering the school, if there are too many absences, there is a possibility that you will not be able to graduate.

Q2: What are the elective subjects?

A2: There are many subjects that other schools don't have, and you can create your own timetable and study what you need for your future.

1. Series electives for studying specialized fields

•Life and nature series (nature and environment, flowers, food science, introduction to fermentation, etc.)

•Life and welfare series (clothing handicrafts, social life and welfare, food design, children's culture, etc.)

2. Free electives that match your desired course

(Life and English, light exercise and health, science information, etc.)

Q3: What is the difference between 3 year graduation course and 4 year graduation course?

A3: We aim to graduate in 3 years for the 3 year graduation course and 4 years for the 4 year graduation course. Students who aim to enter society early and become independent choose the 3-year course,

graduate in three years, and both those who go on to higher education and those who find employment go out into society and are active in their respective careers.

In the 3 year graduation course, students can graduate without taking external credits by taking A and B classes (15:40-17:10) three days a week for three consecutive years.

Q4: How many people are there in a class?

A4: The maximum number of applicants is 90 (3 classes with 30 students per class). Currently, there are 3 classes in the first year, with about 23 students per class. Our school is one of the largest of the night schools.

Q5: What are your plans after graduation?

A5: In the past few years, the number of people who found employment and those who went on to higher education are almost the same. Of the 64 graduates in 2019, 19 advanced to higher education and 25 found employment. After graduating, students are active in universities, vocational schools, and local companies.

Q6: What time do club activities start? Are there any club activities that participate in tournaments?

A6: Club activities are held from 21:00 to 21:50 after classes end. In addition to weekdays, there are club activities such as practice games with other schools on Saturdays and Sundays. The students are friendly

and work hard in the limited time. The men's and women's basketball club, soccer club, baseball club, tennis club, and judo club have a track record of participating in tournaments. The light music club also holds live performances on a regular basis.

Q7: Do you have school rules?

A7: In addition to observing social rules and manners such as violence and smoking, our school also has school rules for daily life. We strive to provide a safe and secure environment for our students. There are no school rules regarding clothing, hair, etc. Since there is no school uniform, students go to school in plain clothes.