

Hi, it has been 4 months since I came here, and I'm in my 5th month now. I will be introducing two sports clubs I joined, which are rowing winter camp and badminton.

When I was in Japan I used to belong to the badminton club, but I quit it after just one and a half year. I feel like I should've continued playing badminton, so it's a good opportunity for me to play again. We have training on Thursdays and match on Saturdays. Here, matches are held on every weekend, and unlike Japan where sports training is stricter, the focus here seems to be mainly having fun, making it easy to participate in sports casually.

The other is starting Adelaide rowing winter camp. I feel like this is a big challenge for me, because I played badminton in Japan and I know basic things like the rules, how to practice and shoot. However, I've never done rowing before and I don't know how to row, the specific rowing terms, or most importantly how to row. On the other hand, the other rowers except me have already been rowing for a few years, and there is a technical gap between me and them. So, I always ask my friends what I should do and how to use the equipment. It's so hard to fill the gap but it's such a fun sport - rowing on the boat with my friends on the beautiful rivers. We have water sessions on Sunday morning and Tuesday morning, gym sessions on Monday, Wednesday, and Friday. Where water sessions are held is at West Lake, which is really far away from my house, and it takes one and a half hours to get there by bus. Sunday's session starts at 9 am, Tuesday's session starts at 5:30 am!!!!!! And there is no bus to get there, and I have to go to school after the session, so I decided to join only the Sunday session. However, the gym sessions are at Torrens River which is near the city and comparatively easy to get there. But they start at 4 pm, to join the sessions I have to leave school early during the last class, so I'm trying to get school permission now!!

These are what I'm trying to do now. Sometimes I feel it's very hard to do but it's also fun. Throughout these challenges I feel like I've become a more independent person than before, and I think I'm now able to proactively take on challenges that I'm interested in.