Hello everyone! Two months have already passed since I came here, and I'm feeling a little bit anxious that time is passing so quickly. Daylight serving time ended last week, and the time went back by one hour. So, this week, I'm going to bed around 9o'clock and waking up at 5:30. This change is affecting my routine. Today the things that I want to talk you guys are Canadian traditional holyday, school life and Halloween!

<Canadian traditional holyday: Thanksgiving Day>

We celebrated Thanksgiving Day on 13 October 2025. Thanksgiving Day is a holiday when people celebrate and appreciate harvest. Canadian have this holiday in October, but it is celebrated on 4th Thursday November in America. Interestingly, Canadian Thanksgiving Day, occurring in 1578, is older than American one. It depends on the families, but people usually spend this day eating a special dinner with their relatives, family, or friends. Common meals we eat at Thanksgiving dinner are roasted turkey, stuffing, mashed potato, sweet potato, gravy, and cranberry sauce. We have desserts such as pumpkin pie, apple pie, and so on. I ate Thanksgiving dinner with my host family, including grandparents, and we enjoyed talking.

<school life>

Two months has passed since I started to go to school in Canada, and it is still very difficult, but I'm getting used to studying in English. I usually arrive at school at 7:45. So I have about 40 minutes' free time until the first period starts at 8:30. I can talk to friends or go to eat breakfast. The breakfast is like cereal, apples, oranges, and yogurt, but sometimes we can eat bagles or muffins. The time before the first lesson starts is one of the most enjoyable times for me.

<Halloween!!!>

Halloween is one of the events that I was looking forward to the most. We had many events during Halloween week in my school each day. Wearing fall items, Halloween accessories, Black and Orange, rhyme without reason and the last day was Halloween. On rhyme without reason day, students come up with costumes based on two words that sound similar like Santa & Fanta or Tacos & Picasso. My friend and I figured out Light & Night. Then she wore a hat with lights wrapped around it and I wore pajamas with a star and moon pattern. Everyone said it looks very comfortable at first. Here, it's not strange to go out with your pajamas. Oct 31st was Halloween. Students can go to school in Halloween costumes. My costume

was Judy Hopps from Disney movie Zootopia. I think this is nice culture here that even if you don't know them, people talk to you, saying something like I love your costume. So, when I feel outfits or hair of any items is nice, I don't mind saying, "I love it!". After school, around 6 o'clock, my host sister and I went to trick-or-treat around the neighborhoods for about an hour. It was a cold night, with temperatures around 1°C. Even though, many children were there, and I enjoyed talking with them and neighbors. Eventually, we got snacks as much as two shopping bags!

How was my October's report? I had many events other than the three I mentioned above. Thank you for reading this far. Look forward to next month's report!









白鴎高校 18 期生 次世代リーダー育成道場第 13 期生 H.N