Two months passed. It has already started snowing even it's still October and I need a jumper every day.

First, I want to talk about my club activity. I was in a cross country team. Cross country means running and we can run in a huge, beautiful forest. I said "was" because the season of cross country finished this month. This is one of the differences of club activities between Japan and Canada. Here in Canada, we have "season" for sports. We usually choose one sport and play it for a whole year as a club activity in Japan. On the other hand, we play different sports depending on the season in Canadian club. One season is for about two months and next sports season will start soon. The next sport is basketball in my school. I'm not really good at it actually, so I'll cheer up the team of my school. Instead of cross country, I'll work hard on crochet club and beading club. In my school, we can decide freely how to spend our lunch time. We don't have to have lunch in classrooms, and facilities such as the gym are also opened. It's the same for club and some clubs have activities at lunch time, not after school. It was new for me to do a club activity at lunch time.

By the way, I had a cold a few days ago. I think I was just a little bit tired for unfamiliar environment and I'm completely healed up now. I want to pay attention to what I found at that time. This is quite sudden, but how do you do when someone sneeze? In my case, doing nothing special or maybe saying "are you OK?" are only for some close friends. However, it isn't normal here. I was surprised because when I sneeze, someone in my host family surely said, "nice you" or "bless you". They said it's a manner here. I've studied these expressions at school but never used before. According to the research, the countries that don't have this manner are only some Asian ones. I studied it's a common world manner and I tried to use these expressions after this event.

I haven't had cold these days, so it was tough for me to bear feeling sick with fever. I realized washing hands and keeping warm are important. I hope I won't get sick anymore during my study abroad life.

Bye for now,

白鴎高校 15 期生 次世代リーダー育成道場 10 期生 Y・K (Halloween is a big event and I found a unique pumpkin! The picture is in the bottom right)







Hi,