

3 Contact Information for When You Need Help

Below are the consultation services available for any problems or concerns about your child's school life, parenting, etc.

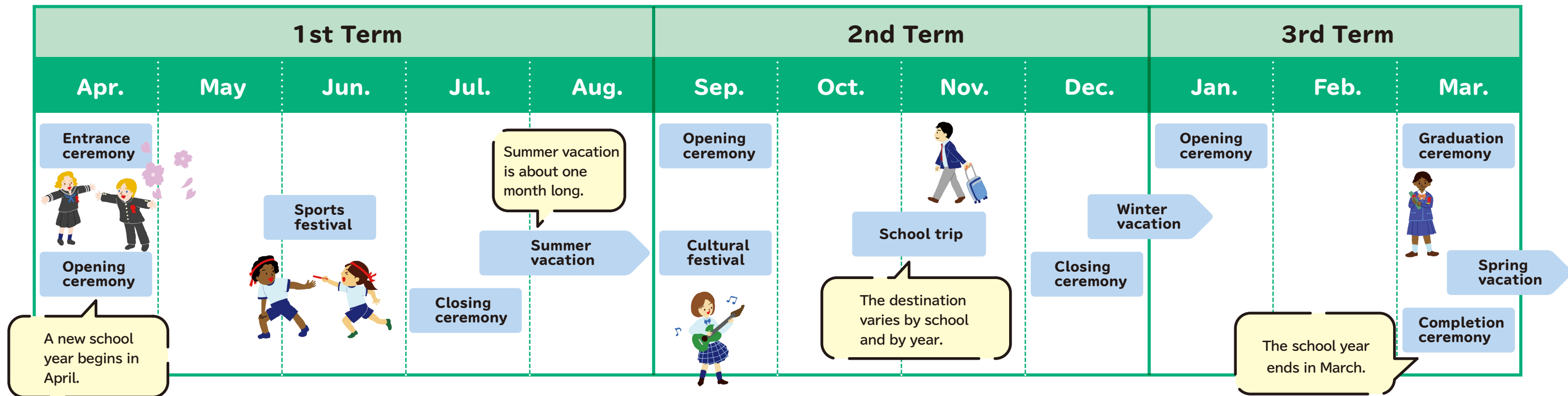
	Details	Contact
Education Consultation Service for Foreign Children and Students  Website	Phone and in-person consultation on children's education is provided through an interpreter (an appointment is required for in-person consultation). • Service hours: Every Friday, 13:00–17:00 • Consultation available in Japanese, English, Chinese, and Korean • Website (language-switchable) https://e-sodan.metro.tokyo.lg.jp/tel/foreign/index.html • Multilingual leaflet https://e-sodan.metro.tokyo.lg.jp/pdf/2023_f_leaflet.pdf	Tokyo Metropolitan Education Consultation Center Consultation about education in general / Tokyo Metropolitan Bullying Consultation Hotline Tel.: 0120-53-8288 Consultations on high school advancement, post-graduation options, and enrollment Tel.: 03-3360-4175
Gyutto Chat  Website	This is a free chat consultation service provided by the Tokyo Metropolitan Government, allowing children and their parents or guardians currently raising children to talk about their day-to-day worries and concerns without giving their names. If you face any problems or concerns related to your school, family, or raising children, you can feel comfortable using this consultation service. You don't have to face them alone. • Consultation hours: 15:00–24:00 • Consultation available in Japanese, English, Chinese, and Korean * By setting your device's browser, you can also translate chats into languages other than those listed above. • Website (language-switchable) https://gyutto-chat.metro.tokyo.lg.jp/ • Multilingual leaflet https://www.kodomoseisaku.metro.tokyo.lg.jp/jigyo/suisin-team/kosodatenotsunagarisousyutu/gyutto-chat	Gyutto Chat Management Office Inquiry form: https://logoform.jp/form/tmgform/gyutto-chat



- A Year at a Tokyo Metropolitan High School
 —Example of a Tokyo Metropolitan High School—
- Words Used in School Life
- Contact Information for When You Need Help

1 A Year at a Tokyo Metropolitan High School

Below is the annual calendar of a Tokyo metropolitan high school. Schedules vary by school.



2 Words Used in School Life

The following are examples of words commonly used in school life at Tokyo metropolitan high schools.

This is one of the school's educational activities.

Words Related to School Events

し ぎょう しき
始業式

(Shigyōshiki · Opening ceremony)

This event is held to mark the start of a term.

しゅう ぎょう しき
終業式

(Shūgyōshiki · Closing ceremony)

This event is held to mark the end of a term.



たい いく さい
体育祭

(Taiikusai · Sports festival)

The whole school takes part in sports to foster a healthy mind and body and a spirit of cooperation.

ぶん か さい
文化祭

(Bunkasai · Cultural festival)

Students present the results of their learning from class projects and other activities and recognize the good qualities in one another.

しゅう がく りょ こう
修学旅行

(Shūgaku Ryokō · School trip)

Through an overnight learning experience, students develop their initiative and ability to cooperate with others.

Words Related to Study and Academic Results

てい き こう さ
定期考査

(Teiki Kōsa · Regular test)

This test is held in each term to check students' learning progress. (Midterm test & end-of-term test)

り しゅう
履修

(Rishū · Taking a subject of study)

This means taking classes for a subject of study in accordance with the education curriculum.

To advance to the next grade and graduate, your child must take subjects of study and acquire the required credits.

たん い
単位

(Tan'i · Credit)

This is a numerical unit that represents the amount of study completed for a subject of study.
(E.g.: Taking a one-hour-per-week subject of study for one year earns one credit.)

しゅう とく
修得

(Shūtoku · Credit acquisition)

This means being awarded a credit after being evaluated for a subject of study your child has taken.